

Turning Fresh Blooms Into Art

Bellesera Art Project

OVERVIEW & PURPOSE

To create beautiful paper art with your favorite quote or inspirational bible verse to display with supplies you can find in your home or outside (please don't buy fresh cut flowers).

MATERIALS NEEDED

1. Paper- if possible Watercolor paper works best (or the heaviest stock paper you got!)
2. Fresh flowers and leaves
3. Hammer
4. Waxed paper or paper towel
5. Picture frame (you may already have one available) or create a twig frame
6. Blow dryer (if you got one!)
7. Inspirational quote or Bible verse printed off
8. Something that is nice to write with- Sharpie, marker, pen, artist markers, etc.
9. For the Twig Frame- hot glue gun (white glue) or string, and scissors

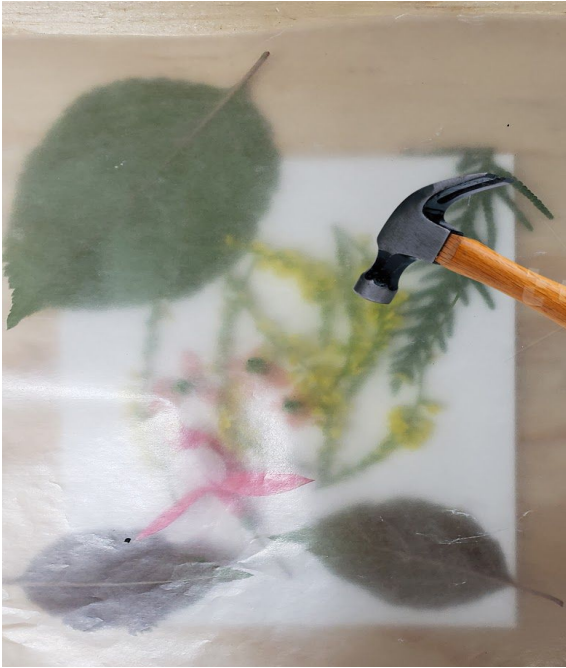


Steps

1. **Cut and arrange flowers** - begin with a variety of flowers and leaves. Flowers with brighter pigments- bright yellows and dark purples - transferred the best. Cut each flower at the base, close enough to remove the whole stem while still keeping the flower intact. When you have an assortment of cut flowers



in different sizes and shapes, arrange them face down on a piece of watercolor paper trimmed to your frame size. Make sure if you are using a ready made frame that your paper will fit in the frame!!



2. Hammer the flowers and greenery- Start by placing each flower facedown, then cover the arrangement with waxed paper (or a paper towel). Use the hammer to pound around the circumference of the flower, applying pressure to the petal area but avoiding the center (otherwise pollen and moisture will stick to the paper as well, which doesn't look as pretty). Repeat this process until you're happy with the way the hammered flower art looks!

*Key Notes about this step. Please Do NOT hammer on your mother's kitchen table or coffee table!! Please find a clean flat area such as your garage floor, basement floor, picnic table, or anything that is flat for hammering. Just be sure to ask your parents before

you start.

* It may be helpful to try transferring a few flowers onto a scrap piece of watercolor paper to see how each flower transfers over; this will give you a good idea of how best to transfer the final design.

2. Flower Art is Complete- When you're done hammering the flowers, carefully remove the waxed paper and flowers from the watercolor paper. If you see little bits of flowers and greenery no worries we will fix that later.

3. Time to dry out our arrangement. I used a blowdryer to get my arrangement to dry quickly. Just hold paper at arms length away



and set the blow dryer on low/med for 1-2 mins. The paper should be dry by touch. If you don't have a blow dryer place your art in direct sunlight for 15 minutes you can move onto preparing your quote or creating your frame while you wait. As for those tiny bits of flowers and greenery, slowly rub off any bits you find with your finger now that your paper is dry.

- 4. Inspirational quote or Bible verse.** Now it's time to write on our flower arrangement!! If you are not worried about writing nicely or already have beautiful writing ignore this next step and go ahead and write! If you are worried about your writing looking pretty No Worries!! We have provided templates of already made quotes and bible verses. See attached document named- Inspirational Sayings and Bible Quotes. Once you have found the quote or verse you like please continue.



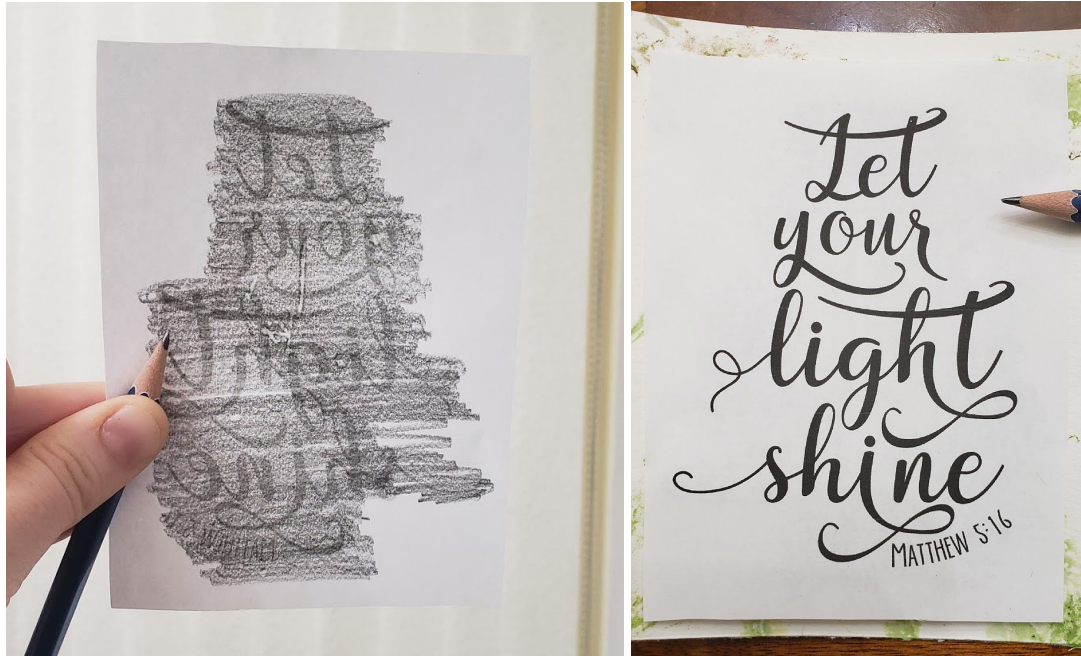
- 5. Transferring quote/ bible verse-** there are 2 ways you can copy your quote/verse onto your art. The first is hold your paper and verse up to a window and slide the quote under your paper. If your paper isn't too thick you should be able to see the quote through the paper and then trace. If you don't have a printer No worries, hold your art to your computer screen (zoom and out) until the quote fits in the arrangement and it works the same way!!



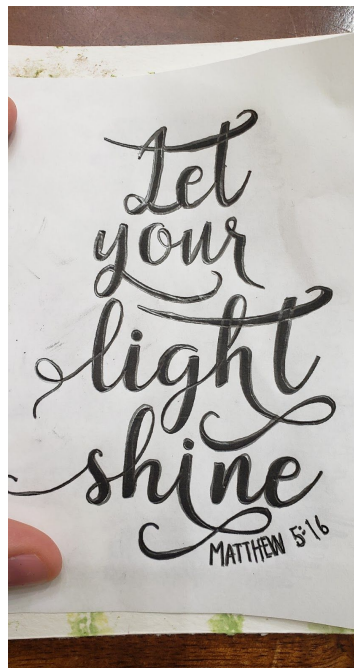
As you can see from the image on the Right that the paper is too thick to get a good trace. So time for the second option of tracing. This time you will need a sharp pencil. Flip over your quote and color the back of your paper like this....



Once you have good coverage, flip the quote over and place it on the flower art.



Now sharpen your pencil (very important to make sure you keep your pencil sharp for this!) follow the outline of your quote. Some may want to tape their quote down before they trace so it doesn't move. Once completed it should look like this...



6. **Time to color in your quote!!** Using your favorite marker, sharpie, or pen fill in the lines. I used a black sharpie for mine!



7. **Time to Frame!!** This step is Optional!! If you already have a frame go ahead and fill it! Otherwise here are 2 options to frame your masterpiece!!



Option 1 - with the sticks you have already gathered you can create a

frame that goes around the outside of your art. You want to cut or snap the stick so they are the length of each side but just a little longer. Like this



Next if you have a hot glue gun you can glue all your corners together. If you don't have a glue gun you can use string (or yarn, ribbon, thread) to tie each of the ends together like this...



Once you are finished your frame will look something like the image top right. Now you can hot glue your quote to the frame or use white glue. Now this type of frame does not lay flat so you may only be able to glue in a few key spots.

That is why I like **Option 2!!** Just using 2 sticks a little longer than the top and bottom length hot glue or white glue your sticks to your quote. Remember to give the white glue time to dry. The hot glue is instant drying time. Then add a string on top and you can hang up anywhere.



Can't wait to see everyone's Creations!!